My research investigates choreography that uses the kinesthetic experience of making visual art to inform the way I move, assemble movements, and create atmospheres. One practice that I engage with when intersecting a curiosity for visual art making and dance is to blind contour draw movement that I see. From there, I spend time embellishing what is on the paper to understand the priorities that came to light when transposing an ephemeral movement onto a flat picture plane. I aim to not capture exactly what I saw and instead depict a phenomenological experience of witnessing dance, which feels closer to the totality of what live dance spaces contain. This practice is a rich way for me to research my own aesthetic observations, a unique way of looking at the moving body, and a way of beginning a process of making dance phrases for choreographic research.