See and Say Sequence

1. See your child communicate or show interest

What do I look for?
Pointing, showing, or giving you a toy, "back and forth" looking, making a sound, giggling or gasping, saying a word, or anything that sends a message!

2. Say the name

What do I say?
The name of the object! When children are first learning the names of objects, it helps to say the word by itself.

3. See your child communicate back

What do I look for?
Any response from your child! They might repeat a word you said, make a sound, hold up their toy, or just look at you. Give your child time to respond!

4. Say something about it

What do I say?
Use a sentence that starts with the name of the object! Say what the toy did, how it moved, or where it went. You are teaching your child about the object!

The water is spilling out!
The train goes in.
The ball is rolling!
Look for "comment-worthy" moments during play. Moments that are surprising or exciting give you something to communicate about with your child!

**See**

<table>
<thead>
<tr>
<th>Exciting Action</th>
<th>Child Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tower falls over</td>
<td>&quot;Uh oh&quot;</td>
</tr>
<tr>
<td>Cars crash</td>
<td>&quot;Oh no&quot;</td>
</tr>
<tr>
<td>Bubble pops</td>
<td>Points and gasps</td>
</tr>
</tbody>
</table>

**Comment Worthy**

**Child**

- Shows you the train
- Pushes train down the hill and laughs

**Parent**

- "Train!"
- "The train goes fast!"

**Say**

- say the name
- say something about it