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Boys and Girls Can

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Help



This Folder is for
FATHERS AND MOTHERS
And Others Interested in Rural Boys and Girls



They Can Produce

VEGETABLES BEEF MILK
PORK POULTRY WOOL

In the 1942 season 4-H boys and girls in the United States raised 3 million bushels of vegetables, 6½ million chickens, 300,000 hogs, 85,000 dairy cows, and large amounts of other crops and livestock.

The vegetables would have supplied an army of 150,000 men for a whole year.

4-H members do their work under the guidance of local adult leaders who have the cooperation of Farm and Home Advisers.

Each member is expected to carry a project to completion, give a talk or demonstration at a club meeting, attend meetings, exhibit the work of the project, and keep a record of work done.





4-H CLUB PROVIDES AN ORGANIZED WAY

Gives boys and girls a place in the war effort.

Helps them do their own group planning and carry out their own programs, thus developing experience in democratic processes.

Gives them the opportunity to learn in a natural setting.

Provides wholesome, attractive recreational opportunities in the home community.

Maintains normal activities for young people in abnormal times, thereby helping to prevent the increase in juvenile delinquency which comes in war periods.

Thru 4-H Club projects, rural boys and girls acquire skills and knowledge that are of permanent value. More important—they learn to take an intelligent part in community affairs.

I PLEDGE . . .

The 4-H pledge

My HEAD to clearer thinking
 My HEART to greater loyalty
 My HANDS to larger service
 My HEALTH to better living—
 for My Club, My Community,
 and My Country

They Can Conserve

FRUITS
 VEGETABLES
 CLOTHING

HOME
 FURNISHINGS
 HEALTH

4-H Club members learn to can, freeze, dry, and store fruits and vegetables. In the 1942 season they are credited with having put up 14 million jars of food.

They learn to care for and remodel old clothing and to buy new clothing wisely.

They learn how to care for and repair home furnishings.

They learn to conserve their health by improving their food habits, having an annual health check, taking part in keep-fit programs, and by acquiring skill in first aid.

Conserving these resources is as important as production.



What You Individually Can Do

- Encourage your children and other children to join a 4-H Club and carry their projects to completion.
- Serve as a club leader or offer to help the appointed leader (4-H leaders have a real opportunity to aid in our war effort and in developing the kind of citizen the community and the country will need when the war is over).
- Attend special meetings of the club when invited.
- When asked to give talks or demonstrations, respond cheerfully and make them interesting.
- Open your homes for 4-H meetings.
- Help your own children or other children get to meetings. Especially help with transportation.
- Encourage boys and girls to enroll in those projects that are important in our war effort.

What Your School District Group Can Do

- Secure the names of boys and girls of 4-H Club age (10 to 20 years inclusive) and send them to your Farm or Home Adviser.
- If 5 or more children are eligible for membership, a club can be organized. If fewer are eligible, get in touch with a school district leader of a neighboring area and organize a club together.
- Think over the men and women in your district who would make good 4-H leaders—persons who like young people and who have the necessary information and skills—and give their names to the Farm or Home Adviser.
- Your Farm and Home Advisers will then help to arrange for a club or clubs in your area.

Busy trying to meet urgent appeals for greater food production, fathers and mothers may not be able to give their children all the companionship and guidance they need when they need it most. 4-H Club activities and leadership help to meet this need.

What One Boy Thinks About 4-H



AFTER SIX YEARS

"As the sixth year of my membership in 4-H draws to a close, the world is in a terrible turmoil.

"This year we have been short of labor. I had to put in many nights on a tractor. I said that I was going to quit 4-H because I was too busy. But now I have taken a different attitude. I believe if I stick with the 4-H, that perhaps I will be able to help a little in making this world a decent place in which to live.

"Maybe this sounds like a lot of sentiment to you who may read this, but as I sit here thinking of the most important things that have happened in 4-H, I can't help but think of the future, of our future, of my future.

"Right now I resolve to do better in 4-H next year. That excuse of too much work just won't do. Think of the boys in the Aleutians and the Solomons; they are the fellows that are busy. What have I got to kick about?"

—Donald Stoxen, Kane County

This is what many boys and girls are thinking. Donald put it into words in his record book. Boys and girls like this deserve all the encouragement we can give them.

Approximately 32,000 Illinois boys and girls enrolled in 4-H projects in 1942. With the help of fathers and mothers and other interested people, this number can be doubled in 1943.

Cooperative Extension Work in Agriculture and Home Economics: University of Illinois, College of Agriculture, and the United States Department of Agriculture cooperating. H. P. Rusk, Director. Acts approved by Congress May 8 and June 30, 1914.