

Every Child Matters: 5 Outcomes at Sure Start Oswestry

Be Healthy	<ul style="list-style-type: none">• Working in partnership with PCT (HVs, midwives, oral health team, mental health team)• Oswestry health forum• National campaigns promoted in FCs• Sure Start health visitor FC drop-in• Bumps and Babes group• Baby Café• Bambinos breastfeeding support: telephone helpline; FC timetable; childcare courses; events• Oswestry welcomes breastfeeding• Monthly weaning group• Healthy eating policy• Healthy snacks for families in FCs• Nutrition level one course• 5 a day scheme• Healthy lunchboxes• Healthy Eating Award – Oswestry Borough Council• Food for Thought levels 1&2• Healthy eating video• Smoking cessation scheme• Sure Start midwife (smoking in pregnancy)• Beat the Blues group• Green Walks for families• TopStart physical activities• FunFitness for parents with crèche• Child mental health promotion• Portage service• Dads' Breakfast Club• Asian ladies swim• Creative relaxation
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Stay Safe	<ul style="list-style-type: none">• Free safety pack for all new Sure Start members• ESSENCE parenting group – levels one and two for parents/carers and childminders• Domestic violence outreach worker (pilot with Oswestry Women’s Aid)• Freedom programme• Respite childcare available• Support teenage parents• First aid training for parents• Oswestry Domestic Violence forum• Safety equipment scheme (with HOAP)• Child Behaviour Interest group• Child Protection Interest group• Part of Oswestry Community Safety Strategy• Sun safety• Food hygiene• First Aid course• Domestic violence policy• Child mental health policy
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<p>Enjoy and achieve</p>	<ul style="list-style-type: none"> • Stay and Play – childminders group • Bounce and Rhyme • Dino School • Toy library • Library officer and BookStart • Early Start Family Literacy Scheme • Speech and Language drop-pin for parents/carers and professionals • Language for Learning in the Early Years forum • Developing Early Years clusters around local primary schools • Playbus • Community Arts Project • Next Steps • ESOL (English Spoken as an Other Language) • Play and language workshops on Playbus for Gypsy/Travellers • childminders information group – monthly (evenings) • Family support and cultural boxes for Gypsies/Travellers • Family support and cultural boxes for Gypsies/Travellers
<p>Make a positive contribution</p>	<ul style="list-style-type: none"> • Asian parents and other specialist groups • Personal development training • Parents meetings • Management Board membership • Volunteering opportunities • Children’s Information Service • Community volunteering (Qube)
<p>Achieve economic well-being</p>	<ul style="list-style-type: none"> • Personal achievement courses • Basic Skills • Computing and IT • Work experience opportunities • Employment taster sessions • JobCentre Plus adviser • Oswestry Training and Employment forum • Childminding development • JCP video • Employment and training for crèche workers

