For my project, I collaborated with Leadership track students in order to create a sustainable Mentoring Program for incoming AHS James Scholars.

- Followed project plan to stay organized.

- What is a Mentor?
  - Student who can:
    - Provide guidance and friendship
    - Offer support during major transition to college
    - Address academic & social concerns of new students

AHS James Scholar Mentoring Program

Why Mentoring?
- Mentoring program provides AHS students the opportunity to become better leaders.
- Professional goal to seek opportunities to practice and to inspire leadership in both academics and in field of physical therapy.

Goals for Program
- Foster a greater sense of community between AHS James Scholars.
- Help students enhance their leadership skills.
- Assist new students with major transition and AHS James Scholar requirements.
## Challenges

- Encouraging 235 AHS James Scholars to complete General Interest Survey
- Setting appropriate program requirements
- Advertising and encouraging current James Scholars to apply to be mentors

## Next Steps

- **Fall semester:**
  - Mentors and Mentees paired
  - Mentor Orientation
  - AHS James Scholar Social Event
- **Sustainability:**
  - Led by Leadership Track students and JSAB
  - Revised as needed in spring, run again in Fall
  - May eventually run in Spring as well

## Preparation for Career

- Enhanced time management
- Project and Program Effectiveness
- Sustaining Leadership
- Developed collaboration skills
- All of these skills will make me a more effective leader in the field of physical therapy

## Summary

- Mentoring will hopefully be a sustainable, effective program that will build a sense of community and enhance leadership skills for current and incoming James Scholars
- Developing the mentoring program improved many of my leadership skills, which will be beneficial in both my academic and professional career in physical therapy