

## SELECTIVE POPULATION OF MOLECULAR CORE NONPENETRATING RYDBERG STATES

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Core nonpenetrating Rydberg states of molecules are a neglected state of matter. They could have a variety of uses, notably state-selective production of molecular ions. Due to the  $l(l+1)/r^2$  centrifugal barrier that prevents the Rydberg electron in high- $l$  states from penetrating inside of the ion core, the electron is essentially uncoupled from the ion core, and the system becomes atom-like with long lifetimes, an "almost good"  $l$  quantum number, and electronic transitions that follow  $\Delta J^+ = 0$  and  $\Delta v^+ = 0$  propensity rules. However, in most molecules access to these states, via a sequence of  $\Delta l = +1$  transitions from low- $n^*$ , low- $l$  states, is blocked by the necessity to traverse the "zone of death," in which nonradiative decay mechanisms are prohibitively fast. We exploit Chirped Pulse millimeter-Wave (CPmmW) spectroscopy to efficiently excite Ca atoms and BaF molecules to core nonpenetrating states in the absence of nonradiative decay mechanisms. A universal method for preparing core nonpenetrating Rydberg states of molecules, which combines CPmmW spectroscopy with STImulated Raman Adiabatic Passage (STIRAP), will be discussed.