NOTE: We strongly recommend that you take this survey on a computer rather than on a phone, as it may be difficult to see all response options on a phone.

Informed Consent

Please read this consent agreement carefully. You must be 18 years or older to participate.

Purpose of the research:

The current research project is being conducted by Dr. Nicole Allen and Emily Dworkin from the Department of Psychology at the University of Illinois. We are conducting surveys to better understand what students know about a variety of community resources that are available to them, and the experiences that students have with talking to others about sexual experiences.

What you will do in this study:

We will be asking you about your sexual experiences, your personal beliefs, your mental health, and your experiences with local community resources. If you have had certain sexual experiences, we will ask you to whom you talked to about these experiences and what that experience was like. If you have not had certain sexual experiences, we will ask you if anyone has ever told you that they have had these experiences, and what that experience was like.

Risks:

This survey will take a long time to complete (about 50 minutes). Further, some of the sexual experiences that we ask about may have been upsetting or traumatic (sample question: How many times in the past 12 months did a man put his penis into your vagina, or insert fingers or objects without your consent by using force). Thus, for some people, answering these questions may be emotionally exhausting or cause extreme discomfort, particularly if those experiences happened recently. Again, you may choose to not answer these questions. On almost every survey page, there is a list of resources that might be helpful if these questions are upsetting or you wish to talk more.

Compensation:

The survey will take about 50 minutes to complete. You will receive 1 course credit (1 subject pool hour) for participating. To receive credit, you must click the "done" button at end of the survey. This will take you back to the subject pool page, where you will be granted credit. We expect that this research will contribute to efforts to help people who have had upsetting or traumatic sexual experiences in particular. You may find it helpful to have a confidential space to share your sexual experiences.

Voluntary withdrawal:

Your participation in this study is completely voluntary, and you may withdraw at any time without penalty by closing your web browser. You may skip any questions that you do not wish to answer. Withdrawing from the study or deciding to not answer questions will not affect your access to services in this community, your grade in any course, or your relationship with any students, faculty, or staff of the University of Illinois.

Confidentiality:

Your participation will be confidential. You will be assigned an identification number tied to your responses to your
I affirm that I am over the age of 18, the purpose and nature of this research have been sufficiently explained, and that I understand that I am free to withdraw at any time without incurring any penalty. I consent to participate in this study.

I do not consent to participate in this study.

Demographics

D1. How old are you? Please enter your age in years.

D2. What is your gender?

- Woman
- Man
- Other (please specify) [ ]

D3. What is your race? Please select all that apply.

- American Indian, Native American, or Alaska Native
- Hispanic or Latino/a
- White
- Black or African American

Further information:

If you have any questions later about your participation in this project, you can call Emily Dworkin at 217-244-4066 (toll free at 866-245-9057) or email her at dworkin2 (at) illinois.edu. You may also call Nicole Allen at 217-333-6739 or email her at allenne (at) illinois.edu.

Who to contact about your rights in this study:

If you have any questions about your rights as a participant in this study or any concerns or complaints, please contact the University of Illinois Institutional Review Board at 217-333-2670 (collect calls will be accepted if you identify yourself as a research participant) or via email at irb@illinois.edu.
D4. In what country were you born? (e.g., United States, Mexico, China, India, Philippines)

D5. If you were not born in the United States, how many years have you lived in the United States?

D6. Are you an out of state, in state, or international student?
- Out of state
- In state
- International (please specify country of origin)

D7. What is your year in school?
- First year
- Second year
- Third year
- Fourth year
- Fifth year
- Sixth year and beyond

D8. How many total semesters have you been enrolled at the University of Illinois at Urbana-Champaign (UIUC)?

D9. Did you transfer to UIUC from another college or university?
- No
D10. Where do you live?

- Dormitory
- Off-campus apartment or house
- On-campus apartment or house
- Fraternity house
- Sorority house
- Other (please specify)

D11. What is your cumulative (total) GPA?

D12. What is your sexual orientation?

- Lesbian
- Bisexual
- Gay
- Straight/heterosexual
- Other (please specify)

What is your total yearly household income (including income earned by all household members)?

- $15,000 or less
- $15,001–$25,000
- $25,001–$35,000
- $35,001–$50,000
- $50,001–$75,000
- $75,001–$100,000
- $100,001–$150,000
- over $150,000
Network Intro

From time to time people discuss important matters with other people. Looking back over the last six months, who are the people with whom you discussed matters important to you? Please list between 0 and 10 people in the boxes below (some boxes may be blank).

You may list their first names or first initials. If you would prefer to not share their first names, you may enter fake names or nicknames for them here instead, but be sure that you will remember to whom each name refers, as we will be asking follow-up questions about these people.

<table>
<thead>
<tr>
<th>Person 1:</th>
</tr>
</thead>
<tbody>
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<td></td>
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<table>
<thead>
<tr>
<th>Person 2:</th>
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<th>Person 3:</th>
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<th>Person 4:</th>
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<tr>
<th>Person 5:</th>
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</table>
Person 6:

Person 7:

Person 8:

Person 9:

Person 10:

Network Follow-Up 1

Please answer the following questions about the people whom you listed on the previous page. If you listed fewer than 10 people, some questions may be blank: you may ignore those items.
<table>
<thead>
<tr>
<th>Name</th>
<th>Gender</th>
<th>Man</th>
<th>Woman</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>[NAME 1]</td>
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<td>[NAME 2]</td>
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<td>[NAME 10]</td>
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<table>
<thead>
<tr>
<th>Name</th>
<th>Relationship</th>
<th>Spouse (husband or wife)</th>
<th>Romantic partner (boyfriend or girlfriend)</th>
<th>Date (someone whom you are dating casually who is not your boyfriend or girlfriend)</th>
<th>Coworker</th>
<th>Relative</th>
<th>Friend</th>
<th>Acquaintance (someone whom you have met before but do not know well)</th>
<th>Other</th>
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</thead>
<tbody>
<tr>
<td>[NAME 1]</td>
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<td>[NAME 9]</td>
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<table>
<thead>
<tr>
<th>Name</th>
<th>How Often Talked</th>
<th>At least once a day</th>
<th>At least once a week</th>
<th>At least once a month</th>
<th>At least once a year</th>
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</thead>
<tbody>
<tr>
<td>[NAME 1]</td>
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<td>○</td>
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</table>
Who would you go to if you had a major life crisis (for example: if you lost your job, broke up with a partner, or were the victim of a crime)? Place a check next to the names of the people to whom you would turn in a crisis.

☐ [NAME 1]
☐ [NAME 2]
☐ [NAME 3]
☐ [NAME 4]
☐ [NAME 5]
☐ [NAME 6]
☐ [NAME 7]
☐ [NAME 8]
☐ [NAME 9]
☐ [NAME 10]

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656- HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (2755); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Network Follow-Up 2

Do these people discuss important matters with each other? Please mark the boxes corresponding to the pairs of people who discuss important matters with each other (for example, friends, family, spouses). Ignore any cells without a name in the corresponding row or column.

<table>
<thead>
<tr>
<th>[NAME 1]</th>
<th>[NAME 2]</th>
<th>[NAME 3]</th>
<th>[NAME 4]</th>
<th>[NAME 5]</th>
<th>[NAME 6]</th>
<th>[NAME 7]</th>
<th>[NAME 8]</th>
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</table>

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656-HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (8255); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Sexual Experiences Survey

[Sexual Experiences Survey- Short Form Victimization (Koss et al., 2007)]

Description of Sexual Experience

Please answer the following questions about the sexual experience that you selected as the most meaningful on the previous page.

10. When did this happen? If you are not sure, please make a best guess. Please enter your answer in the format mm/dd/yyyy.
11. How old were you when this happened? Please enter your age in years.

12a. Where did this happen?
   City
   State

12b. Did this happen on the UIUC campus?
   ○ No
   ○ Yes
   ○ Unsure

13. Were you intoxicated (that is, drunk or high) at the time of this experience?
   ○ No
   ○ Yes
   ○ Unsure

14. Was the person who did this to you intoxicated (that is, drunk or high) at the time of this experience?
   ○ No
   ○ Yes
   ○ Unsure

15. Were you conscious (that is, awake) at the time of this experience?
   ○ No
   ○ Yes
   ○ Unsure
16. Were you blacked out at the time of this experience?

- No
- Yes
- Unsure

17. What was your relationship to the person or people who did this to you?

- Spouse (i.e., husband or wife)
- Romantic partner (i.e., boyfriend or girlfriend)
- Date (i.e., someone whom you were dating casually who was not your boyfriend or girlfriend)
- Coworker
- Relative
- Friend
- Acquaintance (i.e., people you know a little but not enough to consider them friends)
- Stranger (i.e., someone whom you had not met before)
- I do not know who did this to me
- Some other relationship (please describe)

18. What was the gender of the person who did this to you?

- Man
- Woman
- Unknown

19. Were you physically injured (e.g., cut, bruised, sore) as a result of this experience?

- No
- Yes

20. Did the person who did this to you threaten you with a weapon (e.g., bat, brick, knife, gun) or use a weapon against you?

- No
- Yes
21. Would you describe this experience as sexual assault?

- No
- Yes
- Unsure

Please explain your response to #21.

22. Below are statements describing thoughts that some people have about why such experiences occurred. Please indicate how often you have had each of the following thoughts in the past month.

<table>
<thead>
<tr>
<th></th>
<th>Never</th>
<th>Rarely</th>
<th>Sometimes</th>
<th>Often</th>
<th>Very Often</th>
</tr>
</thead>
<tbody>
<tr>
<td>I didn’t do enough to protect myself.</td>
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<td></td>
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</tr>
<tr>
<td>The other person wanted to hurt someone.</td>
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<tr>
<td>The other person was angry at women.</td>
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<tr>
<td>I should have resisted more.</td>
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<tr>
<td>The other person wanted to feel power over someone.</td>
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<tr>
<td>The other person thought that he or she could get away with it.</td>
<td></td>
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<td></td>
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<tr>
<td>I just put myself in a vulnerable situation.</td>
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<tr>
<td>I used poor judgment.</td>
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<tr>
<td>The other person was sick.</td>
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<tr>
<td>I should have been more cautious.</td>
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</table>

23. Did you make a police report about this experience?

- No
- Yes
For some people, sexual experiences such as the ones listed earlier lead them to contact others for services and support. In this question, we are asking only about professionals, agencies, officials, etc. whom you may have contacted because of your sexual experience. Later, we will ask about friends, family members, etc. whom you may have talked to.

24. Which of these professionals and services did you have contact with because of your sexual experience? Please select as many as apply.

- [ ] I did not have contact with any professionals or services because of my sexual experience
- [ ] 911 operator
- [ ] UIUC police officer
- [ ] off-campus police officer
- [ ] prosecutor/district attorney/state’s attorney
- [ ] lawyer that you hired/public defender
- [ ] hospital emergency room
- [ ] doctor’s office
- [ ] therapist/psychologist/counselor
- [ ] psychiatrist
- [ ] crisis hotline
- [ ] rape crisis center
- [ ] rape victim advocate
- [ ] emergency/homeless shelter
- [ ] community center
- [ ] church/temple/clergy/religious group
- [ ] UIUC Women’s Resource Center
- [ ] UIUC Counseling Center
- [ ] UIUC Psychological Services Center
- [ ] UIUC support group
- [ ] UIUC Student Discipline
- [ ] UIUC Emergency Dean
- [ ] UIUC professor
- [ ] McKinley Student Health Center
- [ ] UIUC residence hall advisor
- [ ] UIUC Sexual Assault Liaison
- [ ] Another professional person or service, not including friends (please describe)

F1-1. Of the options that you selected above, who or what was the FIRST professional/service that you had contact with?

- [ ] I did not have contact with any professionals or services because of my sexual experience
- [ ] community center
- [ ] church/temple/clergy/religious group
- [ ] UIUC Women’s Resource Center
- [ ] UIUC Counseling Center
- [ ] UIUC Psychological Services Center
- [ ] UIUC support group
- [ ] UIUC Student Discipline
- [ ] UIUC Emergency Dean
- [ ] UIUC professor
Within 24 hours
1-3 days later
3-7 days later
1-4 weeks later
1-4 months later
4-8 months later
8-12 months later
1 or more years later

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656-HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (8255); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Formal Responder 1

The following questions are about your experiences with the [FORMAL RESPONDER 1 TYPE]. These questions will be repeated for the second and third professional or service to whom you spoke.

F1-2. How long after your sexual experience did you have contact with the [FORMAL RESPONDER 1 TYPE]?

- Within 24 hours
- 1-3 days later
- 3-7 days later
- 1-4 weeks later
- 1-4 months later
- 4-8 months later
- 8-12 months later
- 1 or more years later

F1-3. Did anyone tell you to call/go to a [FORMAL RESPONDER 1 TYPE] or refer you to the [FORMAL RESPONDER 1 TYPE]?

- No
- Unsure
- Yes (please explain who told you to go or referred you)
F1-4. Were you the first person to tell the [FORMAL RESPONDER 1 TYPE] about your sexual experience, or did someone else tell them first?

- I told them myself
- Someone else told them (please explain who told them)  
  
- Unsure

F1-5. Overall, my experience with the [FORMAL RESPONDER 1 TYPE] was…

- very negative
- somewhat negative
- neither negative nor positive
- somewhat positive
- very positive

F1-6. The [FORMAL RESPONDER 1 TYPE]:

- did not provide me any of the services that I hoped for
- provided me with some of the services that I hoped for
- provided me with all of the services that I hoped for
- provided me with more services than I hoped for
- I did not have any hopes about the amount of services that I would receive

F1-7. How helpful did you expect the [FORMAL RESPONDER 1 TYPE] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
- I did not have any expectations about helpfulness

F1-8. Looking back, the [FORMAL RESPONDER 1 TYPE] was…
F1-9. I expected the [FORMAL RESPONDER 1 TYPE] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

F1-10. Looking back, the [FORMAL RESPONDER 1 TYPE] treated me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately

F1-11. At the time, my experience with the [FORMAL RESPONDER 1 TYPE] felt:

- very upsetting and/or uncomfortable
- somewhat upsetting and/or uncomfortable
- comfortable
- very comfortable

F1-12. I got the sense that the [FORMAL RESPONDER 1 TYPE]...

<table>
<thead>
<tr>
<th>Felt that I was to blame for my sexual experience</th>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
</thead>
<tbody>
<tr>
<td>Did not believe me</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
F1-13. Did the [FORMAL RESPONDER 1 TYPE] refer you to any other services or supports or suggest that you talk to anyone else?

- No
- Yes (please specify to whom or what service they referred you)

F1-14. Do you still contact the [FORMAL RESPONDER 1 TYPE] for services related to your sexual experience?

- Yes
- No (please list the approximate month and year when you stopped contacting them)

F1-15. How well do you remember telling the [FORMAL RESPONDER TYPE] about your sexual experience?

- I do not remember it well
- I remember it somewhat well
- I remember it very well

F2-1. Of the options that you selected previously, who or what was the SECOND professional/service that you had contact with?

- I did not have contact with a second professional or service because of my sexual experience
- community center
- church/temple/clergy/religious group
- UIUC Women’s Resource Center
- UIUC Counseling Center
- UIUC Psychological Services Center
- UIUC support group
- UIUC Student Discipline
- UIUC Emergency Dean
- 911 operator
- UIUC police officer
- off-campus police officer
- prosecutor/district attorney/state’s attorney
- lawyer that you hired/public defender
- hospital emergency room
- doctor’s office
Formal Responder 2

The following questions are about your experiences with the [FORMAL RESPONDER 2 TYPE]. These questions will be repeated for the third professional or service to whom you spoke.

F2-2. How long after your sexual experience did you have contact with the [FORMAL RESPONDER 2 TYPE]?

- Within 24 hours
- 1-3 days later
- 3-7 days later
- 1-4 weeks later
- 1-4 months later
- 4-8 months later
- 8-12 months later
- 1 or more years later

F2-3. Did anyone tell you to call/go to a [FORMAL RESPONDER 2 TYPE] or refer you to the [FORMAL RESPONDER 2 TYPE]?

- No
- Unsure
- Yes (please explain who told you to go or referred you)
F2-4. Were you the first person to tell the [FORMAL RESPONDER 2 TYPE] about your sexual experience, or did someone else tell them first?

- I told them myself
- Someone else told them (please explain who told them)
- Unsure

F2-5. Overall, my experience with the [FORMAL RESPONDER 2 TYPE] was…

- very negative
- somewhat negative
- neither negative nor positive
- somewhat positive
- very positive

F2-6. The [FORMAL RESPONDER 2 TYPE]:

- did not provide me any of the services that I hoped for
- provided me with some of the services that I hoped for
- provided me with all of the services that I hoped for
- provided me with more services than I hoped for
- I did not have any hopes about the amount of services that I would receive

F2-7. How helpful did you expect the [FORMAL RESPONDER 2 TYPE] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
- I did not have any expectations about helpfulness
F2-8. Looking back, the [FORMAL RESPONDER 2 TYPE] was…

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful

F2-9. I expected the [FORMAL RESPONDER 2 TYPE] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

F2-10. Looking back, the [FORMAL RESPONDER 2 TYPE] treated me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately

F2-11. At the time, my experience with the [FORMAL RESPONDER 2 TYPE] felt:

- very upsetting and/or uncomfortable
- somewhat upsetting and/or uncomfortable
- comfortable
- very comfortable

F2-12. I got the sense that the [FORMAL RESPONDER 2 TYPE]…

<table>
<thead>
<tr>
<th>Felt that I was to blame for my sexual experience</th>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>
F2-13. Did the [FORMAL RESPONDER 2 TYPE] refer you to any other services or supports or suggest that you talk to anyone else?

- No
- Yes (please specify to whom or what service they referred you)

F2-14. Do you still contact the [FORMAL RESPONDER 2 TYPE] for services related to your sexual experience?

- Yes
- No (please list the approximate month and year when you stopped contacting them)

F2-15. How well do you remember telling the [FORMAL RESPONDER 2 TYPE] about your sexual experience?

- I do not remember it well
- I remember it somewhat well
- I remember it very well

F3-1. Of the options that you selected previously, who or what was the THIRD professional/service that you had contact with?

- I did not have contact with a third professional or service because of my sexual experience
- community center
- church/temple/clergy/religious group
- UIUC Police officer
- church/temple/clergy/religious group
- off-campus police officer
- UIUC Women’s Resource Center
- prosecutor/district attorney/state’s attorney
- UIUC Counseling Center
- lawyer that you hired/public defender
- UIUC Psychological Services Center
- hospital emergency room
- UIUC support group
- UIUC Student Discipline
Within 24 hours
1-3 days later
3-7 days later
1-4 weeks later
1-4 months later
4-8 months later
8-12 months later
1 or more years later

Within 24 hours
1-3 days later
3-7 days later
1-4 weeks later
1-4 months later
4-8 months later
8-12 months later
1 or more years later

F3-2. How long after your sexual experience did you have contact with the [FORMAL RESPONDER 3 TYPE]?

F3-3. Did anyone tell you to call/go to a [FORMAL RESPONDER 3 TYPE] or refer you to the [FORMAL RESPONDER 3 TYPE]?

No
Unsure
Yes (please explain who told you to go or referred you)

F3-4. Were you the first person to tell the [FORMAL RESPONDER 3 TYPE] about your sexual experience, or did someone else tell them first?

- I told them myself
- Someone else told them (please explain who told them)
- Unsure

F3-5. Overall, my experience with the [FORMAL RESPONDER 3 TYPE] was…

- very negative
- somewhat negative
- neither negative nor positive
- somewhat positive
- very positive

F3-6. The [FORMAL RESPONDER 3 TYPE]:

- did not provide me any of the services that I hoped for
- provided me with some of the services that I hoped for
- provided me with all of the services that I hoped for
- provided me with more services than I hoped for
- I did not have any hopes about the amount of services that I would receive

F3-7. How helpful did you expect the [FORMAL RESPONDER 3 TYPE] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
- I did not have any expectations about helpfulness
F3-8. Looking back, the [FORMAL RESPONDER 3 TYPE] was…

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful

F3-9. I expected the [FORMAL RESPONDER 3 TYPE] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

F3-10. Looking back, the [FORMAL RESPONDER 3 TYPE] treated me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately

F3-11. At the time, my experience with the [FORMAL RESPONDER 3 TYPE] felt:

- very upsetting and/or uncomfortable
- somewhat upsetting and/or uncomfortable
- comfortable
- very comfortable

F3-12. I got the sense that the [FORMAL RESPONDER 3 TYPE]…

<table>
<thead>
<tr>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
</thead>
</table>
F3-13. Did the [FORMAL RESPONDER 3 TYPE] refer you to any other services or supports or suggest that you talk to anyone else?

○ No
○ Yes (please specify to whom or what service they referred you)

F3-14. Do you still contact the [FORMAL RESPONDER 3 TYPE] for services related to your sexual experience?

○ Yes
○ No (please list the approximate month and year when you stopped contacting them)

F3-15. How well do you remember telling the [FORMAL RESPONDER 3 TYPE] about your sexual experience?

○ I do not remember it well
○ I remember it somewhat well
○ I remember it very well

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656-HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (8255); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Informal Responders Intro

IF0. Other than the professional people and agencies mentioned previously, about how many friends, family members, romantic partners, coworkers, or others whom you knew socially did you tell about your sexual experience?
Please indicate whether you were concerned that these people would tell others about your sexual experience. Some rows may be blank.

<table>
<thead>
<tr>
<th>[NAME 1]</th>
<th>I was concerned that this person would tell others about my sexual experience.</th>
<th>I was NOT concerned that this person would tell others about my sexual experience.</th>
<th>I did not have a relationship with this person at the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>[NAME 2]</td>
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<tr>
<td>[NAME 3]</td>
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<tr>
<td>[NAME 4]</td>
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<td>[NAME 5]</td>
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<tr>
<td>[NAME 6]</td>
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<td>[NAME 7]</td>
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<td>[NAME 8]</td>
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<td></td>
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<tr>
<td>[NAME 9]</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>[NAME 10]</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please indicate which of these people you told about your sexual experience. Some rows may be blank.

<table>
<thead>
<tr>
<th>[NAME 1]</th>
<th>I told this person, and they were helpful to me</th>
<th>I told this person, and they were not helpful to me</th>
<th>I did not tell this person</th>
</tr>
</thead>
<tbody>
<tr>
<td>[NAME 2]</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>[NAME 3]</td>
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<tr>
<td>[NAME 4]</td>
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<tr>
<td>[NAME 5]</td>
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<td>[NAME 6]</td>
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<td></td>
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<tr>
<td>[NAME 7]</td>
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<td></td>
</tr>
<tr>
<td>[NAME 8]</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>[NAME 9]</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Informal Responder 1a

IF1-1. What was your relationship to the FIRST friend, family member, coworker, etc. whom you told?

☐ Spouse (i.e., husband or wife)

☐ Romantic partner (i.e., boyfriend or girlfriend)

☐ Date (i.e., someone whom you were dating casually who was not your boyfriend or girlfriend)

☐ Coworker

☐ Relative

☐ Friend

☐ Acquaintance (i.e., people you know a little but not enough to consider them friends)

☐ Stranger (i.e., someone whom you had not met before)

☐ Some other relationship (please describe)

IF1-2. Think about the FIRST person whom you told. Please enter their first name or first initial here. If you would prefer to not share their first name, you may enter a fake name or a nickname for them here instead.

[NAME 10]

Informal Responder 1b

The following questions are about your experiences talking to [INFORMAL
RESPONDER 1 NAME] about your sexual experience.

Is [INFORMAL RESPONDER 1 NAME] one of these people? Please ignore blank rows.

☐ [NAME 1]
☐ [NAME 2]
☐ [NAME 3]
☐ [NAME 4]
☐ [NAME 5]
☐ [NAME 6]
☐ [NAME 7]
☐ [NAME 8]
☐ [NAME 9]
☐ [NAME 10]

IF1-3. How long after your sexual experience did you tell [INFORMAL RESPONDER 1 NAME]?

☐ Within 24 hours
☐ 1-3 days later
☐ 3-7 days later
☐ 1-4 weeks later
☐ 1-4 months later
☐ 4-8 months later
☐ 8-12 months later
☐ 1 or more years later

IF1-4. How much did you tell [INFORMAL RESPONDER 1 NAME] about your sexual experience?

☐ told them very little of what happened
☐ told them some of what happened
☐ told them a lot of what happened
☐ told them everything

IF1-5. Did anyone tell you to talk to [INFORMAL RESPONDER 1 NAME] about your sexual experience?
IF1-6. Were you the first person to tell [INFORMAL RESPONDER 1 NAME] about your sexual experience, or did someone else tell [INFORMAL RESPONDER 1 NAME] first?

- I told them myself
- Someone else told them (please explain who told them)
- Unsure

IF1-7. Overall, my experience telling [INFORMAL RESPONDER 1 NAME] was…

- very negative
- somewhat negative
- neither negative nor positive
- somewhat positive
- very positive

IF1-8. [INFORMAL RESPONDER 1 NAME]:

- did not provide me with any of the support that I hoped for
- provided me with some of the support that I hoped for
- provided me with all of the support that I hoped for
- provided me with more support than I hoped for
- I did not have any hopes about the amount of support that I would receive

IF1-9. How helpful did you expect [INFORMAL RESPONDER 1 NAME] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
I did not have any expectations about helpfulness

IF1-10. Looking back, [INFORMAL RESPONDER 1 NAME] was…

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful

IF1-11. I expected [INFORMAL RESPONDER 1 NAME] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

IF1-12. Looking back, [INFORMAL RESPONDER 1 NAME] treated me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately

IF1-13. Talking to [INFORMAL RESPONDER 1 NAME] felt:

- very upsetting and/or uncomfortable
- somewhat upsetting and/or uncomfortable
- comfortable
- very comfortable
IF1-14. I got the sense that [INFORMAL RESPONDER 1 NAME]…

<table>
<thead>
<tr>
<th></th>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felt that I was to blame for my sexual experience</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did not believe me</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thought that my sexual experience was not sexual assault</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Felt that the person with whom I had the sexual experience was not to blame for what happened</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

IF1-15. Did your relationship with [INFORMAL RESPONDER 1 NAME] change because you told them about your sexual experience?

- [ ] No
- [ ] Yes, improved
- [ ] Yes, got worse

IF1-16. How well do you remember telling [INFORMAL RESPONDER 1 NAME] about your sexual experience?

- [ ] I do not remember it well
- [ ] I remember it somewhat well
- [ ] I remember it very well

IF2-1. What was your relationship to the SECOND friend, family member, coworker, etc. whom you told?

- [ ] I did not tell a second person
- [ ] Spouse (i.e., husband or wife)
- [ ] Romantic partner (i.e., boyfriend or girlfriend)
- [ ] Date (i.e., someone whom you were dating casually who was not your boyfriend or girlfriend)
- [ ] Coworker
- [ ] Relative
- [ ] Friend
- [ ] Acquaintance (i.e., people you know a little but not enough to consider them friends)
- [ ] Stranger (i.e., someone whom you had not met before)
- [ ] Some other relationship (please describe)
IF2-2. Think about the SECOND person whom you told. Please enter their first name or first initial here. If you would prefer to not share their first name, you may enter a fake name or a nickname for them here instead.

NAME

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656-HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (8255); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Informal Responder 2

The following questions are about your experiences talking to [INFORMAL RESPONDER 2 NAME] about your sexual experience.

Is [INFORMAL RESPONDER 2 NAME] one of these people? Please ignore blank rows.

- [NAME 1]
- [NAME 2]
- [NAME 3]
- [NAME 4]
- [NAME 5]
- [NAME 6]
- [NAME 7]
- [NAME 8]
- [NAME 9]
- [NAME 10]

IF2-3. How long after your sexual experience did you tell [INFORMAL RESPONDER 2 NAME]?

- Within 24 hours
- 1-3 days later
- 3-7 days later
- 1-4 weeks later
- 1-4 months later
4-8 months later
8-12 months later
1 or more years later

IF2-4. How much did you tell [INFORMAL RESPONDER 2 NAME] about your sexual experience?

☐ told them very little of what happened
☐ told them some of what happened
☐ told them a lot of what happened
☐ told them everything

IF2-5. Did anyone tell you to talk to [INFORMAL RESPONDER 2 NAME] about your sexual experience?

☐ No
☐ Yes (please explain who told you to talk to this person)
☐ Unsure

IF2-6. Were you the first person to tell [INFORMAL RESPONDER 2 NAME] about your sexual experience, or did someone else tell [INFORMAL RESPONDER 2 NAME] first?

☐ I told them myself
☐ Someone else told them (please explain who told them)
☐ Unsure

IF2-7. Overall, my experience telling [INFORMAL RESPONDER 2 NAME] was…

☐ very negative
☐ somewhat negative
☐ neither negative nor positive
☐ somewhat positive
☐ very positive

IF2-8. [INFORMAL RESPONDER 2 NAME]: 
If2-9. How helpful did you expect [INFORMAL RESPONDER 2 NAME] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
- I did not have any expectations about helpfulness

If2-10. Looking back, [INFORMAL RESPONDER 2 NAME] was...

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful

If2-11. I expected [INFORMAL RESPONDER 2 NAME] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

If2-12. Looking back, [INFORMAL RESPONDER 2 NAME] treated me:

- very insensitively and uncompassionately
somewhat insensitively and uncompassionately
neutrally
somewhat sensitively and compassionately
very sensitively and compassionately

IF2-13. Talking to [INFORMAL RESPONDER 2 NAME] felt:

○ very upsetting and/or uncomfortable
○ somewhat upsetting and/or uncomfortable
○ comfortable
○ very comfortable

IF2-14. I got the sense that [INFORMAL RESPONDER 2 NAME]...

<table>
<thead>
<tr>
<th>Feelings</th>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
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<tbody>
<tr>
<td>Felt that I was to blame for my sexual experience</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Did not believe me</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Thought that my sexual experience was not sexual assault</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Felt that the person with whom I had the sexual experience was not to blame for what happened</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

IF2-15. Did your relationship with [INFORMAL RESPONDER 2 NAME] change because you told them about your sexual experience?

○ No
○ Yes, improved
○ Yes, got worse

IF2-16. How well do you remember telling [INFORMAL RESPONDER 2 NAME] about your sexual experience?

○ I do not remember it well
○ I remember it somewhat well
○ I remember it very well
IF3-1. What was your relationship to the THIRD friend, family member, coworker, etc. whom you told?

- I did not tell a third person
- Spouse (i.e., husband or wife)
- Romantic partner (i.e., boyfriend or girlfriend)
- Date (i.e., someone whom you were dating casually who was not your boyfriend or girlfriend)
- Coworker
- Relative
- Friend
- Acquaintance (i.e., people you know a little but not enough to consider them friends)
- Stranger (i.e., someone whom you had not met before)
- Some other relationship (please describe)

IF3-2. Think about the THIRD person whom you told. Please enter their first name or first initial here. If you would prefer to not share their first name, you may enter a fake name or a nickname for them here instead.

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Informal Responder 3

The following questions are about your experiences talking to [INFORMAL RESPONDER 3 NAME] about your sexual experience.

Is [INFORMAL RESPONDER 3 NAME] one of these people? Please ignore blank rows.

- [NAME 1]
- [NAME 2]
- [NAME 3]
- [NAME 4]
- [NAME 5]
IF3-3. How long after your sexual experience did you tell [INFORMAL RESPONDER 3 NAME]?

- [ ] Within 24 hours
- [ ] 1-3 days later
- [ ] 3-7 days later
- [ ] 1-4 weeks later
- [ ] 1-4 months later
- [ ] 4-8 months later
- [ ] 8-12 months later
- [ ] 1 or more years later

IF3-4. How much did you tell [INFORMAL RESPONDER 3 NAME] about your sexual experience?

- [ ] told them very little of what happened
- [ ] told them some of what happened
- [ ] told them a lot of what happened
- [ ] told them everything

IF3-5. Did anyone tell you to talk to [INFORMAL RESPONDER 3 NAME] about your sexual experience?

- [ ] No
- [ ] Yes (please explain who told you to talk to this person)
  
  [ ]
- [ ] Unsure

IF3-6. Were you the first person to tell [INFORMAL RESPONDER 3 NAME] about your sexual experience, or did someone else tell [INFORMAL RESPONDER 3 NAME] first?

- [ ] I told them myself
- [ ] Someone else told them (please explain who told them)
  
  [ ]
IF3-7. Overall, my experience telling [INFORMAL RESPONDER 3 NAME] was…

- very negative
- somewhat negative
- neither negative nor positive
- somewhat positive
- very positive

IF3-8. [INFORMAL RESPONDER 3 NAME]:

- did not provide me with any of the support that I hoped for
- provided me with some of the support that I hoped for
- provided me with all of the support that I hoped for
- provided me with more support than I hoped for
- I did not have any hopes about the amount of support that I would receive

IF3-9. How helpful did you expect [INFORMAL RESPONDER 3 NAME] to be?

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
- I did not have any expectations about helpfulness

IF3-10. Looking back, [INFORMAL RESPONDER 3 NAME] was…

- very unhelpful
- somewhat unhelpful
- neither helpful nor unhelpful
- somewhat helpful
- very helpful
IF3-11. I expected [INFORMAL RESPONDER 3 NAME] to treat me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately
- I did not have any expectations about the way I would be treated

IF3-12. Looking back, [INFORMAL RESPONDER 3 NAME] treated me:

- very insensitively and uncompassionately
- somewhat insensitively and uncompassionately
- neutrally
- somewhat sensitively and compassionately
- very sensitively and compassionately

IF3-13. Talking to [INFORMAL RESPONDER 3 NAME] felt:

- very upsetting and/or uncomfortable
- somewhat upsetting and/or uncomfortable
- comfortable
- very comfortable

IF3-14. I got the sense that [INFORMAL RESPONDER 3 NAME]...

<table>
<thead>
<tr>
<th>Statement</th>
<th>Not at all</th>
<th>Somewhat</th>
<th>Very much</th>
</tr>
</thead>
<tbody>
<tr>
<td>Felt that I was to blame for my sexual experience</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did not believe me</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thought that my sexual experience was not sexual assault</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Felt that the person with whom I had the sexual experience was not to blame for what happened</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
IF3-15. Did your relationship with [INFORMAL RESPONDER 3 NAME] change because you told them about your sexual experience?

- No
- Yes, improved
- Yes, got worse

IF3-16. How well do you remember telling [INFORMAL RESPONDER 3 NAME] about your sexual experience?

- I do not remember it well
- I remember it somewhat well
- I remember it very well

---

**Order of Contacts**

In what order did you tell these people about your sexual experience?

Please type a 1 next to the first person you told about your sexual experience, a 2 next to the second person, and so on. If you told multiple people at the same time, place the same number by those people’s names.

If you did not tell anyone, please skip to the next question.

Some lines may be blank.

- [FORMAL RESPONDER 1 TYPE]
- [FORMAL RESPONDER 2 TYPE]
- [FORMAL RESPONDER 3 TYPE]
- [INFORMAL RESPONDER 1 NAME]
- [INFORMAL RESPONDER 2 NAME]
- [INFORMAL RESPONDER 3 NAME]

---

NATIONAL RESOURCES: National Domestic Violence Hotline- (800) 799-7233; National Sexual Assault Hotline- (800) 656-HOPE (4673); National Suicide Prevention Lifeline- (800) 273-TALK (8255); Support, information, and referrals for mental illness- (800) 950-NAMI (6264)


Invitation to Interview

We will be conducting optional follow-up interviews based on survey responses. The interview would last about an hour and you would be paid $20 for your time.

If you think that you may be interested in participating in an interview, please provide your information below. If you are selected to be interviewed, the study coordinator, Emily, will follow up with you to tell you more about the interviews.

By providing your information, you are only agreeing to be contacted for more information: you will NOT be required to participate in an interview.

Please note that answering the following questions is OPTIONAL. Any information that you provide below will be stored securely on the Qualtrics website and will be removed from your survey responses as soon as the responses are downloaded.

What is your first name?

If you would like us to contact you via PHONE, please enter your number here. Note that you will be called back from an unfamiliar or blocked number.

If you entered a phone number above, which is true about your preferences?

- I would prefer that you text me at this number.
- I would prefer that you call me at this number, but please do not leave a voicemail.
- I would prefer that you call me at this number, and you may leave a voicemail.

If you would like us to contact you via EMAIL, please enter your email address here.

By checking the box below, I hereby give my permission for the researchers to contact me at the phone number or
email address that I provided above.

☐ (click here)

NATIONAL RESOURCES: National Domestic Violence Hotline - (800) 799-7233; National Sexual Assault Hotline - (800) 656-HOPE (4673); National Suicide Prevention Lifeline - (800) 273-TALK (8255); Support, information, and referrals for mental illness - (800) 950-NAMI (6264)


UIUC Campus Resources: Women's Resource Center - 217-333-3137/http://studentaffairs.illinois.edu/diversity/women/index.html; Counseling Center - 217-333-3704/http://www.counselingcenter.illinois.edu; Safe Place (campus emergency shelter for students) - 217-840-2232

PTSD

[PTSD CheckList - Civilian Version (Weathers, Litz, Herman, Huska, & Keane, 1993)]

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Social Support

[Multidimensional Scale of Perceived Social Support (Zimet & Dahlem, 1988)]

End of Survey

When you click the "next" button below, you will be redirected to the SONA system and receive credit for your participation.

Thank you for participating in our study.

Resources

We would like to share some resources with you in the case that you would like someone to talk to or other assistance. If you would like help accessing these resources, you can call Emily Dworkin at 217-244-4066 (toll free at 866-245-9057) or email her at dworkin2 (at) illinois.edu. You may also call Nicole Allen at 217-333-6739 or email her at allen (at) illinois.edu.

National Resources
Research Goals and Methods

The goal of this research is to understand how people access support after upsetting or traumatic sexual experiences, and the impact of this help-seeking on well-being. One way in which we are trying to explore this topic is by understanding different kinds of supporters that are available to people, using a technique called social network analysis. This technique involves asking people to whom they turn for support and how those people are connected to each other, and then measuring the structure of these supportive networks.

Suggestions for Further Reading

If you would like to read more about similar research, we recommend the following articles:


Questions About This Research

If you would like to discuss this research, you can call Emily Dworkin at 217-244-4066 (toll free at 866-245-9057) or email her at dworkin2 (at) illinois.edu. You may also call Nicole Allen at 217-333-6739 or email her at allenne (at) illinois.edu