The Effect of Home-Visiting on Perinatal Depression: A Scoping Review
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BACKGROUND
Maternal mental health disorders are a leading complication of childbirth. Moms undergoing perinatal depression may benefit from the intervention of home visiting. A scoping review was begun by searching keywords and gathering relevant literature that lends to the relationship between home- visiting and perinatal depression. Results concluded that home- visiting can have a positive effect on maternal mental health.

STUDY AIM
To investigate existing literature of home- visiting and its effects on perinatal depression in an attempt to determine the relationship between these two factors.

METHODS
• A scoping review was conducted utilizing five search tools: PubMed, PsycInfo, Cinahl, Social Work Abstracts, and Google Scholar.
• All relevant literature was reviewed that was published on or prior to February 8th, 2018.
• Duplicates, books, and erratum’s were discarded from the study.
• Literature was reviewed and synthesized to determine the intervention’s effect.

PRELIMINARY FINDINGS
Records identified through database search (n = 12,646)
Records after duplicates removed (n= 2,134)
Records for full abstract search (n= 99)
Full- text articles assessed for eligibility (n=33)

CONCLUSIONS
Home- visiting:
• has a positive effect on maternal mental health.
• could enhance usual care.
• may be a protective factor for maternal mental health disorders.
• is emerging as a treatment plan for maternal mental health globally.
• can be conducted by peers, global health workers, nurses, etc.
• is a low cost intervention that is transferable across settings.

TYPES OF HOME-VISITORS
- Peer
- Trained Clinician
- Paraprofessional
- Midwife
- Researchers
- Trained Volunteers

STUDY DESIGN
- Randomized Control Trial
- Quasi- Experimental
- Qualitative
- Mixed Methods
- Longitudinal

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